



# First Annual, Mat Dog Duals



Sunday, December 18<sup>th</sup>, 2011



Elementary/Middle School  
Dual Event

4 Meet Minimum

T-Shirts for Winning Team

## When

Sunday, December 18<sup>th</sup>

## Where

Westfield High School  
4700 Stonecroft Boulevard  
Chantilly, VA 20151-1731

## Who

**Club Teams:** If a non-affiliated individual is interest please contact the Tournament Director

## Schedule

**Weigh Ins:**

7:00AM to 8:45AM

**Wrestling Starts:** 9:00AM

Rounds will last about 1 hour and thirty minutes.

## Cost

**\$300 per team:** The first 10 teams entered with payment will be entered.

**\$100 Security deposits**  
due by November 1<sup>st</sup>, 2011.

## Format

- Teams will compete in a round-robin, team pool format (depending on the number of teams)

## Periods

1:30, 1:30, 1:30

## Awards

TopDog T-Shirts and Trophy for winning team, and medals and Trophy 2<sup>nd</sup> and 3<sup>rd</sup> Place teams.

## Weights

50, 55, 60 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 122, 130, 145, 165, 200 (Max)

## Rules

NFHS Rules



## IMPORTANT INFO

- K-9 wrestlers accepted. Wrestlers must have not have turned 16 prior to December 31<sup>th</sup>, 2011;

- Wrestlers must not have competed at a varsity level.

- In the event we do not have enough teams to run the tournament, team entry fees will be refunded.

**Scott Gorvett**

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