

3rd Annual Stafford Stampede

In honor and memory of

Marine Sgt. Donald J. Lamar II



Sunday, October 16th, 2011 - Stafford High School

33 Stafford Indian Lane, Falmouth, VA 22405

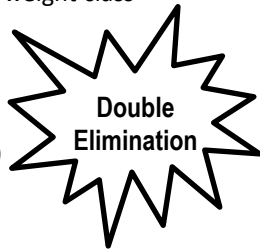
09:00 AM – BAN, INT, Novice; 12:00 PM – All Other Divisions

Division/Age Allowance/Weight Classes
Bantam/Born 2004 – 2005/40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)
Intermediate/Born 2002 – 2003/50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs.max difference)
Novice/Born 2000 – 2001 /60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)
Schoolboy/Born 1998 – 1999/70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
Cadet/Born 1996 – 1997/84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
Junior/Born 9/1/1992 & after/98, 105, 112, 119, 125, 130, 135,140, 145, 152, 160, 171, 189, 215, 285
Open/Born before 9/1/1992/vary depending upon entries

Format: Folk style brackets (Round Robin as needed); Weights may be combined based on entries per weight class
 BAN/INT/NOV 1-1-1, all others 1:30-1:30-1:30; Wrestle backs are 1-1-1;
 1st OT 1 min; 2nd OT 30 sec.- 30 sec.; then 30 sec. tiebreaker if needed

Eligibility: Must have current USAW card (Can be purchased at <http://www.themat.com>)

Registration: \$25 for single entry
 \$40 for double entry (may wrestle in two age divisions or two weight classes in same division)
NO WALK-INS; All registrations must be received by Friday, October 14th. (No refunds)
 To register, mail registration and payment to:
 Powerhouse Wrestling, 240 Tacketts Mill Rd., Stafford, VA 22556
 On-line payment accepted at: <http://www.powerhousewrestling.org/stafford-stampede.html> (payment only)



Weigh-ins: Weigh ins are satellite only by a Coach to powerhousewrestling@gmail.com
Awards: 1st place receives champion t-shirt and medal, places 2nd and 3rd receive medals
 Most outstanding wrestler receives belt buckle (BAN – JR divisions)

Admission: \$5 for adults, \$3 for students; ages 6 and under are free; Coaches with current USA card are free
 Concessions will be available throughout day

Questions: Contact Tom Kibler at powerhousewrestling@gmail.com or (540) 295-5295 or (540) 752-6001

_____	_____	_____	_____
Name	Division	Weight	Grade
_____	_____	_____	_____
Street Address	City	State	Zip
_____	_____	_____	_____
E-mail	Phone	School	

List Accomplishments _____
Participants Waiver and Release
 In consideration of the undersigned wrestler ("Participant") being allowed to participate in Powerhouse Wrestling – sponsored wrestling practices, meets and tournaments for the 2011-2012 season: said Participant and his/her legal parent(s) and/or legal guardian(s), for themselves and each of their heirs, personal representatives and assigns, to the fullest extent lawfully permitted, release, discharge and covenant not to sue Powerhouse Wrestling, or its affiliated clubs, and their respective officers, administrators, coaches, trainers, meet coordinators, referees, sponsors, sponsoring agencies and advertisers, or the owners and leasers of premises in which such events occur, with respect to any and all claims, damages, or other liabilities arising out of the Participant's injury or death occurring during such events, whether in the course of training, travel or competition. The undersigned hereby acknowledge having adequate health insurance necessary to provide and pay for any medical costs that directly or indirectly result from any and all participation in this activity. **Each of the undersigned acknowledges the sport of wrestling involves severe physical exertion and intense stress which can result in serious injury or in some rare circumstances, death; he/she agrees to assume the risks of such consequences. This Waiver and Release is freely and voluntarily given with full understanding of the inherent risks of participating in Powerhouse wrestling athletic competition.**

Participant Signature _____ Date _____
 (Parent or Guardian if under 18)